

# Changing our World information sheet

## Are you...

- Aged 8-22?
- Enthusiastic about sharing your experiences and views on a range of topics?
- Happy to work as part of a team?



Apply by  
Monday  
14 July

## ? What is it?

Changing our World (CoW) is Children in Scotland's advisory group of children and young people. It has 20 members from across Scotland.

Changing our World exists to make sure that Children in Scotland had children and young people involved in our work as an organisation and to give a platform to children and young people. Changing our World work on lots of different things including planning events, sharing views on key issues for children and young people and helping Children in Scotland with recruitment.

You don't need to have any experience of being involved in a group like this before.

## ? Who are Children in Scotland?

Children in Scotland is a national charity working to improve children's lives. We believe it is really important to listen to children and act on what they tell us. All our work is aimed at upholding children's rights.

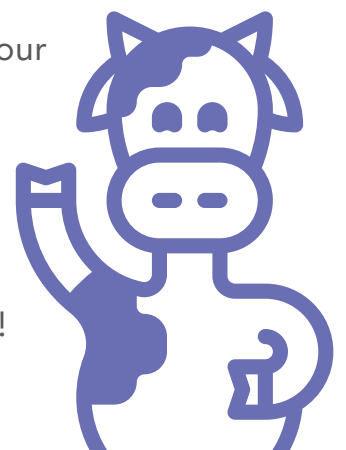
[Click here to find out more about Children in Scotland.](#)

As an organisation, **we have values** that lay out how we try to work. Our values are Brave, Kind, Collaborative and Open and Fair.

## ? What will it involve?

**As a member of the group, you will:**

- Come to regular meetings (some online and some in person)
- Have opportunities to talk about your experiences and share your opinions on issues that are really important to young people
- Have opportunities to think about what you would like to change and how we can do that together
- Work on a range of activities and projects in lots of different ways. There is something that will suit and interest everyone!
- Have opportunities to meet decision makers and make change!





### You will also have the chance to:

- Meet new people
- Have fun!
- Develop skills and confidence
- Help make decisions that will improve the lives of children and young people.



## What our current members have to say about CoW

### Why should people be involved?

"It's both fun and serious at the same time!!!"

"It is friendly and inclusive for all young people"

"We do fun activities together and help children and young people have their voices heard"



### How long would I be involved for?

We are asking new members to get involved for a 'term' of two years, at this point we would then check if members want to stay involved (we hope you would want to!).

We would support our new members to be involved for a maximum of four years. This is because we want to make sure we keep hearing from a range of children and young people.



### What support would I get to be involved?

We provide a range of support for members to participate in Changing our World.

All of our sessions are adapted to meet the needs of members of the group. We would work with you to ensure we can support your participation.

For some bits of activity we might do 1-1 work with members of the group, this would usually be to participate in a particular bit of the groups work.

If you need any support to participate you can just let us know and we can discuss this. We might sometimes want to speak to your parent or carer about this just so we can make sure we get things right for you.

## ? Sounds great! How do I apply?

Applying to join the group is really easy. All you need to do is tell us a little bit about your self, including:

- Name
- Age
- Where in Scotland you live
- A bit about yourself.

We encourage people to apply in ways that work for them. You can send us an email, a video, a presentation or some art work.



You can send your applications to Parisa (that's her in the photo) at:  
[pshirazi@childreninscotland.org.uk](mailto:pshirazi@childreninscotland.org.uk).

You can also contact Parisa if you have any questions.

**You can also find out more on the [Changing our World](#) and the team that work with the group [here](#).**

## ? How do we choose members?

We will choose new members for the group from the applications. It is really important that we have a diverse group, this means when choosing our applicants we will try to make sure we have a range of ages, backgrounds and experiences.